

PARENTS/CARERS WORKSHOP

SUPPORTING YOUR CHILD WITH WORRIES AND ANXIETY



FRIDAY 12TH SEPTEMBER

9:00 - 10:00 AM

ST OSWALD'S PRIMARY SCHOOL

Come along to the parent and carer workshop for
Supporting Your Child With Worries And Anxiety
delivered by the Mental Health Support Team.

We will be there to help you understand how anxiety
affects children and give you tips and strategies to
help manage your child's worries.

SEE YOU THERE!